

# ANTIQUE GENERAL E-TINERARY

DAY	ACTIVITY	TIME	EXPENSES	REMARKS			
Day 1	Going to Antique			The best entry or exit is Caticlan, Aklan or Iloilo City.			
	Malay, Aklan to Pandan Antique	8:30 am to 9:30 am	Bus fare - P120/pax Tricycle fare - P50	From the port ride any bus going to San Jose, Antique and tell the driver to drop you off at Panda, Antique. From there you can ride a tricycle going to your accommodation.			
	Malumpati Cold Spring and Bugang River	10:30 am to 2:00 pm	Entrance fee - P40/pax River tubing - P200/pax	One of the cleanest rivers in the Philippines. A must try activity here is river tubing.  https://m.facebook.com/profile.php?id=10007079  8338581&ref=py_c&_rdr			
	Malumpati Cold Spring	Lunch		There are many food stalls and eateries in the area.			
	Naranjo Water Park	2:00 pm to 4:30 pm	Tricycle fare - P50	There are a lot of water activities to do here. You can check their Facebook page for the rates.			
	Pandan to Culasi	4:30 pm to 5:30 pm		Ride a bus or van going to the town of Culasi.			
	See accommodation recommendation	Check in		You can also sleep on Malalison Island just check what time is the boat schedule.			
	See food recommendation	Dinner		You can also cook your dinner if you are staying at home stays.			
Day 2	Malalison Island	Whole day	Environmental fee - P30/pax Boat rental - P750 good for 5 pax	You can do a lot of activities on the island like island hopping, beach bumming and trekking.  Make sure to coordinate with their tourism office.  There are also a lot of eateries on the island. If you have an extra day you can visit Seco Island make sure you leave very early since it is a one way 3 hour boat ride going to the island.			
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		Check out					
Day 3	Culasi to Tibiao	8:00 am to 8:30 am					
	See accomodation recommendation	Check in					
	See food recommendation	Lunch					
	Bugtong Bato Falls, River Tubing, Kawa Hot Bath	1:00 pm to 6:00 pm	Entrance fee to Bugtong Bato Falls - P100/pax Guide fee - P150 (whole group)	https://www.facebook.com/CalawagMountainRe sort Kawa Salt Bath- PHP 299.00+/pax Kawa Coffee/Milk/Beer Bath- PHP 399.00+/pax Kawa Wine Bath- PHP 599.00+/pax 1-km Water Tubing- PHP 299.00+/pax 2-km Extreme Water Tubing- PHP 499.00+/pax			
	See food recommendation	Dinner					



DAY	ACTIVITY	TIME	EXPENSES	REMARKS
Day 4	Chill day in Tibiao	Whole day		There are a lot more activities in Tibiao. You can also have a massage beside the river and fish spa.
	See food recommendation	Lunch		
	Pasalubong buying			You can buy pasalubong at Tibiao Bakery.
	See food recommendation	Dinner		
Day 5		Check out		
	Nogas Island			If you have an extra day you can visit Nogas Island in Anini-y or Miagao and Garin Farm if you are exiting at Iloilo.
	Going home			



### FOOD RECOMMENDATIONS

#### Culasi

- Papa Don's Pub
- Island Choice
- Sean's Pizza and Restaurant
- Malalison Island eateries

#### Tibiao

- Magan Restaurant
- Mammamia
- Tibiao Bakery

## **HOTEL RECOMMENDATIONS**

#### Culasi

- Godo's Hotel and Restaurant
- Solis Suites
- Anna Sophie Hostel
- Malalison Island Homestays

#### Tibiao

- Kasa Raya Inn
- Kawa Inn
- Calawag Mountain Resort